

### **OUTDOOR EXPERIENTIAL LEARNING**

8 DAYS | 27 July-3 August 2019 | Number of participants: 12

An 8-day programme with educational activities for certified educators, aiming to strengthen our contact with nature, to work on palpating the cultural landscape and to broaden our teaching methods and pedagogical approach.

During this course we will take part in some one-day outdoor experiential learning programmes about the Cretan culture, the Mediterranean environment and heritage and we will explore how they can be used for an educational environmental purpose.

#### Our objectives are:

- To promote educational activities outdoors, to come into contact with nature and meet the local people. Substantially, that is experiencing the cultural landscape
- To understand the educational richness of cultural heritage through an eco-cultural approach
- To learn by co-acting and teaching each other

#### We will discuss and develop the following topics:

- Eco-psychological approaches
- Communication frame and group work skills
- Multisensory pedagogy
- Environmental learning
- Autonomy in learning and the role of school staff

#### We will also introduce some educational approaches as:

- Place-Based Education
- Teaching through experiential learning activities
- Teaching based on real-world & hands-on activities
- Teaching based on intergenerational practices



- ✓ Social science,
- ✓ Geography
- ✓ Economics/pedagogy
- ✓ Didactics/communic ation skills &key competences
- ✓ Cultural awarness
- ✓ Personal/social learning

## Target Audience

Principals, teachers & classroom teaching assisants, advisers, inspectors, teacher trainers, educational guides & counsellors, school/educational organization managers, outdoor/environmental educators, practitioners



# Day-to-day description

## Day 1– Welcome to Heraklion

- Depending on the time of arrival: free time or a small walk.
- Welcome dinner and presentations.

# Day 2 - Diving into the City Crown

First Workshop: City as a playground

Treasure hunt in the medieval city of Heraklion: a game to discover the history and culture of the city and explore aspects of its monumental and architectural heritage, through our active participation, forgetting our role as teachers, principals, advisors, trainers or inspectors.

- Free time for lunch
- Afternoon workshop: The frame in communication and education

We will realize the importance of the frame in our activities in order to built and communicate the objectives of a group. We will discuss different ways of evaluating an experience and we will create our own evaluating form for the course.

Overnight stay in Heraklion

## Day 3 - Back in time

- Journey to a Minoan cemetery
- First workshop: Experiencing Literature and mythology

Educators will become archeologists and will go 4000 back in time, by discovering an ancient civilization in one of the most interesting periods of Minoan Crete, through games and activities. The idea and the games of this program are based on the book of the great writer and thinker Nikos Kazantzakis, "At the Palaces of Knossos".

- Lunch like the Minoans!
- Afternoon workshop: Understanding the Cultural Landscape

Educators will learn to "read" landscapes and find meaning and messages into it through interpretative tools. How do we experience landscape? We will use a multidisciplinary approach to get to know the landscape and how to use it for educational purposes.

# Day 4 - Tasting the island

- Transfer to a nearby village
- First workshop of the day: Paximadi (=rusk)

An initiation into the world of bread making for cooking, culture and nature lovers. Our aim is to connect the ritual of bread making with the modern lifestyle, on the basis of historical continuity from the Stone Age until nowadays. Educators will meet the local people and participate in the preparation of bread.

Lunch



• Afternoon workshop: Multisensorial education and intangible/tangible heritage
We will discuss the importance of the senses in experiential education. How intangible heritage can inspire education? How intercultural education transforms into a co-cultural experience? We will try to understand the connections between nature, human and society using tools like eco-environmental psychology.

## Day 5 - Going south

- Departure for the southern part of Crete.
  - Stop to Rouvas Forest on the southern hills of Mount Ida.
- First workshop: Experiential learning through real-world experiences and hands-on activities

  Educators become children again and experience nature with all their senses. They explore the natural environment and discover its biodiversity. They get used to experiential techniques from Environmental Education in nature and learn how to use them in their teaching through a multidisciplinary approach of all the cognitive interests.
- Next stop: the beach of Agios Pavlos in the Libyan sea.
- Afternoon workshop: Educational Orienteering in Outdoor Environmental Education

  Educators will have the opportunity to orientate themselves in nature using natural elements that allow them to familiarize with it. Nature is a map searching for coordinates of our human existence giving us tools in our path in learning.
- Night in Agios Pavlos

# Day 6 - Small villages

- Transfer to a small village of the south.
- First workshop: "No teacher left inside" How to prevent the "Nature Deficit Disorder" of our students

  Educators will experience nature's beauty and will understand through experiential activities the distance between men and nature in modern times. They will realize through active participation in Environmental Education how their students experience this distance and they will cogitate on the consequences of nature's absence in pupils psychology and further on their learning competences.
- Lunch
- Afternoon workshop: Evaluating our program through games
- Night in Agios Pavlos

# Day 7 - Free day

- Free time in the beach of Agios Pavlos
- Transfer to Heraklion
- Farewell dinner

# Day 8 – Pack your experiences and fly back! See you soon!

Depending on the departure time, transfer to the airport.



### **Money Matters**

Total cost: 1.250 euros / person

#### This price includes:

- Accomodation in 3\* hotels
- Educational workshops, as they appear in the programme's day-to-day description.
- Transportation by pirvate mini-bus for all the days
- Meals: Light lunch & dinner
- Programme Material
- Third Party Liability
- Taxes

#### This price does not include:

- Personal Accident Insurance (upon request)
- Travel Insurance (upon request)
- Guided tours and entrance tickets for organized historical / archaeological sites
- Beverages and drinks
- Personal expenses & tips
- Anything not mentioned above

#### **Methods of Payment**

Payments are made either by credit or debit card, or by wire transfer. During your registration, you will be asked to inform us which payment method you prefer, so that we can provide you with the information that is necessary in order to proceed to the payment step.



Take your hat...
there's a long journey ahead...
TRAVELERS WITH A PURPOSE

